

NANCY DILGER, M.A., P.T., P.C.S., C/N.D.T.A., C.K.T.P.
Board Certified Pediatric Clinical Specialist
11340 W. OLYMPIC BOULEVARD SUITE 205
LOS ANGELES, CALIFORNIA 90064
310-268-7880
FAX: 310-268-7881
e-mail: footprintspt@yahoo.com

Education

- Post Graduate Studies in Motor Control and Motor Learning , Columbia University 1986.
- New York University, M.A. (in Developmental Disabilities), 1985
- Florida International University, B.S. (P.T.), 1978
- Suffolk Community College, A.A. (Liberal Arts), 1975

Experience

Current - Pediatric Physical Therapist, Private Practice: Footprints Pediatric Physical Therapy
(1988– Present)

- Consultant to the Foundation for the Junior Blind, Infant Development Services (1991 - present)
- Adjunct Instructor of Pediatric Therapy Department, Vydahi University and Medical School, Bangalore/ Whitefield, India (2006- Present)

Previous

- Adjunct Instructor of Pediatric Physical Therapy, Chapman University (1990-2003)
- Adjunct Instructor of Pediatric Physical Therapy, New York University (1985-1998)
- Consultant to Healthcare Delivery Services, Infant Development Program (1992 - 1998)
- Supervisor: NICU & Infant Development Program, Long Beach Memorial Medical Center (1988-1989)
- Consultant: NICU, Shands Teaching Hospital, FL (1987)
- Equipment Coordinator/ Staff Physical Therapist: SteppingStone Day School, NYC (1984-1987)
- Supervisor of Pediatric Physical Therapy, Rehabilitation Institute of Chicago, IL (1981-1984)
- Staff Physical Therapist: Loyola University Medical Center, IL (1978-1981)

Professional Publications

- “Visceral Manipulation and NDT: Complementary Treatment Interventions”
NeuroDevelopmental Treatment Association. October 2009.

-“Idiopathic Toe Walking: Diagnosis of Exclusion or Developmental Marker”. American Physical Therapy Association Pediatric and Orthopedic Section. An Independent Study Course for Individual Continuing Education. 2005.

-“Equipment Fabrication with Triwall”. Linda Rowe, OTR, co-author. Copyright 1997.

-“The Influence of a Posterior Inclined Surface on the Kyphotic Sitting Posture of Developmentally Delayed Children”. Developmental Medicine and Child Neurology. Suppl. No. 53, October 1986/ Vol. 28/ No. 5

- “Casting Procedures Manual”. Rehabilitation Institute of Chicago. 1984.

Certification

- APTA Board Certified Pediatric Clinical Specialist (1990, 1999, 2008)
- Neurodevelopment Treatment: Basic (1983); Baby (1986); Advanced Gait (1988)
- Sensory Integration: Theory and Treatment Course (summer 1991)
- CranioSacral Therapy: CST I, CST II, SER, (1997)
- Pediatric Kinesiotaping (2000)
- Visceral Manipulation: VM1a, VM1b (2001); VM2 & VM4 (2007); Pediatric VM (2008)
- Certified Kinesio Taping Practitioner (2007)

Professional Associations

- American Physical Therapy Association
- American Academy of Cerebral Palsy and Developmental Medicine
- NeuroDevelopmental Treatment Association
- Sensory Integration International
- Kinesiotaping USA